

## DISABILITY SERVICES ADVISORY COUNCIL

### MEETING MINUTES

Tuesday, November 1, 2016

**DSAC Members Present:** Jan Molnar-Fitzgerald, Chair; Mike Volpe, Vice Chair; Lee Lazaro, Pete Rickey, Rusty Burton and Jann Glenn.

**Guests:** Jasper Smith, Cathy Savage, Teri Jefferson, Victoria Short, Mitzi Naucler, Suzanne Lazaro, Pat Shirley, Cecelia DeAnda, Jessie Grow-Hodges and Suanne Jackson.

**Members Absent:** Suzanne Brean and Edythe James.

**Staff:** Dave Toler, Lisa Bennett, Mary Kay Fitzmorris, Helen Beaman and Terri Sharpe.

#### **1. Welcome, Introductions (Jan Molnar-Fitzgerald, Chair):**

Jan Molnar-Fitzgerald called the meeting to order at 1:40 pm. Introductions were made including guests.

#### **2. Chair's Report – Mental Health First Aid (Jan Molnar-Fitzgerald):**

Jan gave the Council an overview of the training she attended on Mental Health First Aid, which is an evidence based program facilitated by Tim Malone and Kathryn Henderson. It's an all-day program that is interactive and lively. Jan originally went to evaluate the program with the intent that she was not duplicating resources with her dementia training program, Savvy Caregiver, but learned far more than she imagined she would.

The training provides steps to be taken when facing someone in a crisis, the distinction between mental disorders and the disease of dementia, and how everyone is affected by mental disorders.

Jan provided a handout showing the goals of the transformation of mental health care in the United States along with the mental health first aid action plan for substance use disorders. Jan encourages everyone to take mental health seriously and highly recommends taking the course. To find a course near you go to:

<https://www.mentalhealthfirstaid.org/cs/> .

Dave asked about the distinctions of mental health disorders and dementia related disorders. Jann said mental health is manageable and one can recover from it where dementia is a disease where one gets progressively worse.

**3. Ratification of Co-Chair for Issues and Advocacy Committee:**

Action: Motion to take to the DSAC for ratification, the approval of Mike Volpe as Co-Chair of the Issues and Advocacy Committee through August, 2017, serving alongside the Co-Chair of the SSAC, made by Lee Lazaro, seconded by Pete Rickey. Motion passed unanimously.

**4. Oregon Telecommunications Relay Service (Lisa Bennett):**

Lisa Bennett gave an overview of the Telecommunications Access Program. Through the program phones are made available to people with any disability in Oregon. Lisa asked the Council if they would be interested in having a representative from the program come give a 20 minute presentation at a future DSAC meeting. Everyone agreed. Lee Lazaro suggested outreaching to former members of Access Benton County (ABC). Lisa will follow-up with that.

**5. Information Sharing (All):**

Suanne Jackson shared that Teepa Snow, from the east coast, has a training program for folks who work with people with dementia. The program specifically addresses behaviors, how to approach them, and educates what happens around the brain. It's a person to person, one on one training program. There are several people in the area that are certified to do the training and can be found through Oregon Care Partners.

**6. Adjournment:**

The DSAC Meeting was adjourned at 1:54 pm.

The Meeting Minutes were recorded by Terri Sharpe.

The next meeting will be on December 6, 2016.