

Joint SSAC-DSAC Meeting
MEETING MINUTES
Tuesday, September 6, 2016

SSAC Members Present: Bob Daley, Chair; Catherine Skiens, Vice Chair; Anne Brett, Janet Shinner, Doris Lamb, and Dani Marlow.

DSAC Members Present: Jan Molnar-Fitzgerald, Chair; Mike Volpe, Vice Chair; Suzanne Brean, Edythe James and Pete Rickey.

ADRC Members Present: Carolyn Mendez-Luck and Jasper Smith.

Guests: Mitzi Naucler, Jessie Hodges, Saleem Noorani, Cathy Savage, Clark Brean, Sarah Scherr, Heidi Womack and Pat Shirley.

Members Absent: Bill Hall, Commissioner; Suzette Boydston, Mark McNabb, Lee Strandberg, Bill Turner, Lee Lazaro, Jann Glenn, Rusty Burton and Suzanne Lazaro.

Staff: Dave Toler, Lisa Bennett, Mary Kay Fitzmorris, Terri Sharpe and Diane Harvey.

1. Bob Daley called the meeting to order at 11:08 am.
Introductions were made including guests.

Jan Molnar-Fitzgerald, DSAC's new Chair, gave brief introduction of herself. Jan is the founder of North End Senior Solutions in Lincoln County, teacher of the Savvy Caregivers class and is a Senior Health Insurance Benefits Assistance (SHIBA) counselor.

Bob Daley, SSAC's new Chair, gave a brief introduction of himself. Bob is the Transitions and Caregiver Support Coordinator at the Benton County Hospice.

2. Approval of June Minutes:
 - a) Approval of SSAC April Minutes:
Due to lack of a quorum the approval of the SSAC June 7, 2016 meeting minutes will be sent out for vote by email.
 - b) Approval of Joint SSAC-DSAC June Minutes:
ACTION: Motion to approve the June 7, 2016 SSAC/DSAC Joint meeting minutes as written made by Mike Volpe, seconded by Edythe James. Motion passed unanimously.

c) Approval of DSAC June Minutes:

ACTION: Motion to approve the June 7, 2016 DSAC meeting minutes as written made by Suzanne Brean, seconded by Pete Rickey. Motion passed unanimously.

3. Meals on Wheels Update: Diane Harvey:

Diane Harvey gave an update of the Senior Meals Program. Recently, a new mission statement was developed: *Our mission is to provide fresh hot meals as well as a connection for local seniors and people with disabilities, supporting independent living at home.* Once it is finalized this will be the Senior Meals' first formal mission statement. Lisa will send out the final version to the Councils.

Diane supervises 11 meal sites in the three county area: five in Lincoln County, five in Linn County and one in Benton County. The Senior Meals Program is actually two programs in one; Meals on Wheels (home delivered meals) and meals served in the dining room. They contract with Bateman Food and Nutrition, a national company which operates out of two kitchens in Salem and Newport. The three larger meal sites, Albany, Corvallis and Lebanon, serve meals five days a week and the smaller sites are either Monday, Wednesday and Friday or Tuesday and Thursday.

There is a choice between two hot lunch entrees each day, planned by registered dieticians to be appropriate for seniors. Frozen meals are available for holidays and weekends if needed and at the smaller sites they are available on the days they are not open.

Senior Meals partnered with the Humane Societies and now provides pet food for cat and dogs to their homebound consumers. This is delivered once a month with a month's worth of food. This is paid for through donations and grants written specifically for pet food.

The Senior Meals program could not be possible without their volunteers, 300 in the three county area. This is down from previous years in which they had around 400 – 500. Diane signed up with the national Meals on Wheels America Program that just launched a campaign to recruit volunteers.

Everyone that gets a meal delivered is assessed or reassessed at least once a year in their own home either by a meals coordinator or a case manager. They can also offer wrap around services that are provided by Senior and Disability Services. The delivery drivers and volunteers are the eyes and ears of the program. They provide daily check-ins and emergency responses. It is also is a way of socialization and connection as well

as allowing clients to stay safely in the comfort of their own homes, giving family members peace of mind.

Last year Diane's group served 202,631 meals to 2,022 unduplicated clients (includes both delivered meals and dining room meals) in the three county area. About 80% are delivered with the remaining 20% being served in the dining room.

Lisa reminded everyone of the large deficit with the Senior Meals Program which is the result of the increasing request of meals by consumers and not enough funding coming in to support this increase.

4. Senior Meals Advisory Committee (SMAC) Update: Catherine Skiens, SMAC Chair
The Senior Meals Advisory Committee (SMAC) is a subset of the Senior Services Advisory Council (SSAC) that meets six times a year, varying at the 11 meal sites. At the meetings discussions revolve around the number of meals being served, shortfalls and what the managers and drivers are doing.

Members of SMAC have been very dedicated to the program, one of Senior and Disability Services' more visible programs. SMAC is recruiting for new members and anyone interested should contact Lisa Bennett.

5. Meals Resource Development (generating ideas for funding and volunteer accrual and retention) Dave Toler, SDS Director:
Dave Toler, SDS Director, gave an update to the Councils on the Meals Resource Development. Dave stated the need for the program is not going away but increasing. He stated that since the 2010 census, the overall population in the three county area increased by about 2,100 people and during this same time frame the numbers of seniors increased by 10,000, along with increasing the demand for services.

The primary revenue source for the Meals on Wheels Program is Federal dollars from the Older Americans Act, which has either remained the same or decreased over the last 12 years. Today there is about a \$225,000 gap. Dave developed a Resource Development Plan to bring in additional revenue so SDS could maintain the level of services at the 11 meal sites along with the home delivered meals throughout the three county area. The goal is to gain self-sufficiency by July 1, 2018, engaging support from the communities by:

- 1) Expanding individual annual donations: Outreach and marketing for Senior Meals has already started with the adoption of the National Meals on Wheels logo which will

tie them into a logo growing nationwide. The National Meals on Wheels Association does advertising that will be beneficial as well. There is a small grant coming that will pay for the logos being painted on the delivery trucks. Dave has also contracted with a national firm that specializes in appeal letters for Meals on Wheels with the first appeal letters going out this fall.

- 2) Establish business sponsors: Dave would like everyone to be involved in building a list of business that he can reach out to. SDS has also contracted with a firm for the overall fundraising and resource development.
- 3) Increase local government support.
- 4) Foundation grant development for capacity building.
- 5) Enhancing the volunteer base: Besides the limitation in revenue there is also the limitation in volunteers, the backbone of the program. The other part of the Plan looks at how to stabilize, enhance and enrich the volunteer part of the Program.

Anne Brett said the United Way has changed their orientation from a fundraising agency to a capacity building one which is in alignment to what SDS is looking for. Clark Brean suggested looking at the LBCC Culinary program for volunteers for food preparation and delivery. He also suggested tapping into high schools for volunteers. Diane said they have not looked into LBCC but the meal sites do go to the high schools for volunteers. Clark also proposed, in regards to Measure 97, requesting money pegged for seniors to go toward the Meals Program. Dave said he's not sure what the breakout of the revenue would be but some dollars will come to Senior and Disability Services.

6. Break for Lunch and Networking:

7. Legislative Meeting Updates:

- Senator Arnie Roblan (Doris Lamb):

Doris Lamb gave an overview of the lunch meeting her and other SSAC members attended with Senator Roblan in Lincoln County. She felt the Senator was up to date on a lot of topics they are concerned about and listened to their concerns on transportation, Medicaid, in-home care giving, and programs being cut.

Lisa Bennett also attended the meeting and felt the Senator was not fully aware of all the services that transpire within SDS and the Council of Governments (COG) but was very interested in becoming more informed. With the large senior population in Lincoln County the Senator would like to use SDS as a resource and had asked for another meeting with SDS before the next legislation session.

Bill Turner, who was absent from today's meeting, asked Lisa to mention his desire to advocate for the return of the Gatekeepers Program, which was cut in the last session. Senator Roblan said the best way to advocate is to give him a couple of issues that are priorities to both his constituents and to the state as a whole.

Dave Toler stated it was the first time, when meeting with a Legislator, he felt like he had all the time he needed to express his concerns.

- Representatives Olson and Rayfield (Jasper Smith and Mike Volpe):
Mike Volpe and Jasper Smith gave an overview of the meeting with Representatives Andy Olson and Dan Rayfield. There was a lot of focus on the budget and the economy. Both the DD and the APD Programs are spending more money than allocated. The State as a whole is looking at a 1.5 billion dollar deficit to keep doing what is currently being done presently with no new revenue options on the table. The State Directors were talking about how to bend the cost curve to sustain the programs.

Dave stated the highlight of the meeting was the talk of a 1.5 billion dollar budget deficient for the next biennium during good economic times for Oregon. The State of Oregon is one of the leading states in economic recovery in the nation and yet they still talk of serious cuts to the programs. Dave questions how they will fix this problem if they are looking at these cuts in good times and is concerned with how things will look in bad times where cuts will be much worse.

Bob would like to discuss what they can do as an Advisory Council to support SDS and advocate more directly with Representatives and local officials. He would like this to be an agenda item at a future SSAC meeting. Dave said they need to start showing the prioritization with seniors and people with disabilities with facts and figures in their advocating to help move it up in priority.

8. Advising the Director: Area Plan Review - (Dave Toler, Director, Senior and Disability Services):
To establish what everyone's knowledge is regarding the Area Plan and to get conversation flowing, Bob suggested going around the room and having everyone express what the Area Plan means to them. After the exercise it was clear most people in the room did not know what the Area Plan is so Dave gave them a brief background stating the Area Plan is a four year plan, required by the State, in which the Advisory Council has to provide input and approval. There is another meeting scheduled for Thursday, September, 29th when the Councils will vote on formal approval of the entire

plan. Today's focus is on Prioritization of Discretionary Funding and Target Population (pages 18 – 26 in the agenda packet).

Dave reviewed the documents with the Councils stating programs with priority are similar to the last Area Plan with the exception of adding Behavioral Health Supports. All programs listed are equal in priority for funding.

Under section Title III-B: Support Services and AAA Administration discretionary dollars are limited to: Administration and Program Coordination - 10%; advocacy - there is not a limit but proposing 3%; legal services - the state requires 3% but SDS is proposing 10% because it is such a critical service; in-home services 3%; access services – the state requires 18% but SDS proposing 68%. The reason is there is no other funding for the call center.

Mike asked, in regards to in-home services, if Dave knew how much was funded by Medicaid and how much by the COG. Dave said the dollars from the COG would mainly be going toward Family Caregiver Support.

Title-III-C: Nutrition Services. 70% of the cost of Nutrition Services is covered by the Older Americans Act dollars.

Title III-D: Health Promotion and Disease Prevention: Most of the dollars go toward the support of Powerful Tools for Caregivers and SDS's mental health program PEARLS. SDS is moving away from the Living Well Program because Samaritan has taken it over, which allows SDS to concentrate on other health promotion programs such as mental health.

Title III-E: Family Caregiver Support Services and AAA Administration. There is a large need for these services, especially respite care for family caregivers.

Saleem Noorani would like to see a comparison when breaking down the percentages on how dollars are being allocated and where the movement is. Dave said there is not a lot of movement except toward mental health. Discretionary funding is just a sliver of the budget, probably less than 5%.

Any feedback on the Area Plan should go to Lisa. The best way is through email and she will get it sent to the appropriate person. Bob stressed to the Council members that as Council members their job is to advise and this is the time to do it.

Lisa reminded everyone there will be one more additional meeting on Thursday, September 29th from 10:00 am to 12:00 pm with lunch following. Dave will have an electronic version of the Plan for everyone's review to enable them to make any changes. Approval of the Plan by SSAC will be needed before it can be sent on to the State so a quorum is required.

Lisa asked the Councils if they would like to reschedule the October 4, 2016 SSAC – DSAC meetings to September 29th following the Area Plan discussion. If the October meeting is rescheduled Lisa will have ODOT give a one hour presentation during the same time as the October 4th meeting was scheduled. Mike is concerned about canceling the October meeting because there were no meetings in July and August. Mike also would like to have a presentation from the Housing Authority and an Issues and Advocacy meeting discussing legislative advocacy.

Lisa will send out a proposal with a motion to reschedule the October 4, 2016 meeting to September 29, 2016 from 10:00 am to 12:00 pm. An Issues and Advocacy meeting will likely be scheduled for the fall.

9. Application for SSAC Membership from Saleem Noorani (Doris Lamb, SSAC Membership and Nominating Committee Member):

Due to lack of a quorum the approval of Saleem Noorani's application for SSAC membership will be sent out for vote by email.

10. Announcements:

Carolyn announced the Governor's Commission on Senior Services is having a conference on October 12th at the OSU Alumni Center. One issue that will be addressed will be Long Term Support and Services. Carolyn encouraged everyone to sign up and if they need any information they can contact her. There is no cost but you must register. Lunch is included.

11. Adjournment for SSAC:

Meeting was adjourned at 1:49 pm.

The Meeting Minutes were recorded by Terri Sharpe.
The next meeting will be on Thursday, September 29, 2016.