

The Services You Need Most Are Available

We provide information for:

- In-home service and support: bathing, dressing, housekeeping
- Choosing a care facility: adult foster care, residential care, assisted living, nursing homes
- Family and caregiver support
- Peer counseling
- Transportation
- *Meals on Wheels*
- Personal medication alerts
- Medicare counseling
- Medical equipment
- Programs and resources for healthy living
- Legal services

Get Connected.



Senior and Disability Services for Linn, Benton, and Lincoln Counties

1-855-673-2372 (Toll Free)

TTY: 711



ADRCmail@ocwcog.org



Locations

Linn and Benton Counties

1400 Queen Avenue SE, Suite 206

Albany, OR 97322

541-967-8630

Fax: 541-967-6423

Lincoln County

203 North Main Street

Toledo, OR 97391

541-336-2289

Fax: 541-336-1510



Connect with us toll-free

1-855-673-2372

ADRCofOregon.org

Oregon Cascades West Council of Governments
Senior and Disability Services

Aging and Disability Resource Connection



ADRC

Aging and Disability Resource Connection

of OREGON

Get Connected.



Serving Linn, Benton, and Lincoln Counties.



The ADRC Connects You to What You Need

The Aging and Disability Resource Connection (ADRC) is a free service that offers the public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income.

Access is Easy.

Simply call us at **1-855-673-2372**
or visit us at **ADRCofOregon.org**.

We Care.

The ADRC's services don't end with a phone call.

We will follow up to make sure you get the help you need.

Information and Assistance

Information and resource specialists provide you with knowledge about public and private services and programs, so you can choose options that fit your personal situation.

Health and Wellness

Today there are many ways to stay healthy and avoid injury as we age or live with a disability. The ADRC can make connections to local programs that will support your best possible health and safety.

Vital Connections

If you or someone you know is at risk of abuse or neglect, or is in a crisis, the ADRC can connect you with someone who will respond to your urgent situation.

Long-Term Care Options Counseling

Options counselors offer information about services and supports available to meet your long-term care needs. An options counselor discusses factors to consider when making long-term care decisions and assists you in making your decisions based on your wants and needs.

Help Paying for Long-Term Care

The ADRC is the entryway to publicly funded long-term care programs. The ADRC helps assess your level of need or services and ensures that you are eligible. ADRC staff can provide information about all the options available and help you select the solution that is best for you.