



Community Services Program

1400 Queen Avenue SE, Suite 206 • Albany, OR 97322
541-924-4539 • FAX 541-924-4544

COMMUNITY SERVICES PROGRAM Volunteer Opportunities

The Community Services Program (CSP) department operates several programs that provide meaningful opportunities for community-based volunteerism. These programs serve older adults and individuals with long-term physical disabilities, with the outcome of assisting clients to maintain health, independence, and dignity.

Meals on Wheels (MOW)

Contact: Anita Lengacher at 541-924-8455 or alengach@ocwcog.org

MOW offers nutritious meals to homebound, aging adults, and adults with disabilities who often live alone, and have limited resources or ability to care for themselves. While providing nutritious meals is the program's top priority, *MOW* is more than a meal: it's health, safety, and socialization for many of our communities' most vulnerable. Volunteers provide a daily well-check for homebound clients, intervene in potentially critical medical events, and provide socialization to keep isolation at bay. Specific volunteer positions include:

- **Host/Hostess**: Greets dining room participant with a warm welcome as they arrive to the meal site, helps complete entry forms and signing in for the meal; includes collecting and counting donations, signing a deposit form.
- **Kitchen Aide**: Assists setting up the dining room for lunch; assists in packaging meals for home delivery, and assists with serving to dining room participants.
- **Dishwasher**: Operates and monitors the dishwasher with sufficient training. Ensures all dishes are pre-soaked, sanitized, air dried and put away properly.
- **Driver**: Delivers hot nutritious meals, a check in, and socialization to several clients on one home delivered routes. Volunteers use their own vehicle and can deliver one or more routes per week, depending on availability.

Money Management Program (MMP)

Contact: Kimberly Cooper at 541-812-2597 or kcooper@ocwcog.org

MMP provides free assistance with personal money management tasks through specially trained volunteers to people over age 60 and adults with a disability. Service is personalized, confidential, and safe. Services are provided by trained and supervised volunteers who support the program in the following ways:

- **Bill-Pay direct service**: Meet with client(s) at least once per month to help them get organized and to keep their finances on track. Volunteers may assist with: budgeting, paying bills, organizing financial papers, checkbook balancing, and banking processes.
- **Office support**: Assist with data entry, processing mail, answering phones, responding to email, processing client and volunteer paperwork, and reviewing client bank statements.
- **Monitor**: Review client files for accuracy, including: reconciled bank statements, client budget, verify expenditures against spending plan, review available check copies for signatures, visitation report(s), and progress notes. Monitors meet once per month.

Senior Corps Programs: Retired and Senior Volunteer Program (RSVP), Foster Grandparent Program (FGP), and Senior Companion Program (SCP)

Contact: Alicia Lucke at 541-924-8440 or alucke@ocwcog.org.

In partnership with the Corporation of National and Community Service, OCWCOG's Senior Corps Programs connect local seniors, aged 55 and over, with the people and organizations that need them most in the tri-County Region. Volunteers serve as tutors, mentors, counselors, and/or companions to people in need, or contribute their job skills and expertise to community projects and organizations. Volunteers receive guidance and training, so they can make a contribution that suits their talents, interests, and availability. Volunteers are offered volunteer insurance, mileage and meal reimbursements and recognition for their Service. Income-eligible volunteers are offered a tax-exempt stipend for their service.

RSVP

The *Retired and Senior Volunteer Program (RSVP)* is America's largest volunteer network for people age 55 and over, matching volunteers with agencies whose primary focus is to assist seniors age in place. *RSVP* volunteers primarily serve in local food share and Gleaners programs, as Medicare and Tax-Aide counselors and as friendly visitor volunteers.

- Tax Preparers: recruiting volunteers (ages 55+) to serve as tax preparers through its partnership with AARP's Tax-Aide. Tax-Aide is a free program that makes it easier for older, low-income taxpayers to file their tax returns and get the credits and deductions they've earned. Training starts January 2019.

FGP

FGP recruits and matches volunteers to children aged five to 18 in Benton, Lincoln, and Linn Counties. The *FGP* is inter-generational, providing volunteers the opportunity to mentor, nurture, and support children with special or exceptional needs, or who are at an academic, social, or financial disadvantage. OCWCOG currently contracts with the local Early Learning Hub for priority placement of volunteers with young English Language Learners (ELLs).

- Literacy tutors: serve at local schools, Head Starts and after-school Programs in Corvallis, Sweet Home, Newport and Lincoln City. To serve, volunteers must be age 55+, have limited income, and pass a federal background check. Volunteers receive hourly stipend, meal and mileage reimbursements.

SCP

SCP volunteers serve less-able seniors and other adults, helping them maintain independence and age in place. Among other activities, Senior Companions assist with daily living tasks, such as non-medical transportation; provide friendship and companionship; alert doctors and family members to potential problems; and provide respite to family caregivers.

- Senior Companions: provide daily living assistance, companionship and transportation to other seniors who are homebound in Corvallis, Monroe, Albany and Waldport. To serve, volunteers must be age 55+, have limited income, and pass a federal background check. Volunteers receive hourly stipend and mileage reimbursement.