

**Joint
Senior Services Advisory Council (SSAC)
and
Disability Services Advisory Council (DSAC)
Meeting
MEETING MINUTES
Tuesday, April 2, 2019**

SSAC Members Present: Saleem Noorani, Acting Chair; Doris Lamb, Membership and Nominating Committee (MNC) Chair; Catherine Skiens, *Meals on Wheels* Advisory Committee (MOWAC) Chair; Suzette Boydston; Carolyn Mendez-Luck; Janet Shinner; Marilyn Winter; and Bill Turner.

DSAC Members Present: Jan Molnar-Fitzgerald, Acting Chair; Mike Volpe, Issues and Advocacy (IAC) Co-Chair; Clark Brean; and Jann Glenn.

Guests: Mitzi Naucler; Anita Bailor; Tom Giles; and Cathy Savage.

Members Absent: Commissioner Claire Hall, Lincoln County; Anne Brett; Suzanne Lazaro; Robynn Pease; Lee Lazaro; Lee Strandberg; Mark McNabb; Edythe James; Pete Rickey; Dawn Rustrum; Sandy Potter; and Jasper Smith.

Staff: Randi Moore, Senior and Disability Services (SDS) Director; Ann Johnson, SDS Program Supervisor; Jennifer Moore, Community Service Programs (CSP) Director; Marie Laper, Older Adult Behavioral Health Initiative (OABHI) Specialist; Curtis Miller, Program to Encourage Active Rewarding Lives for Seniors (PEARLS) Coordinator; and Terri Sharpe, SDS Administrative Assistant.

1. Welcome, Introductions, and Additions to the Agenda:

DSAC Acting Chair Jan Molnar-Fitzgerald called the meeting to order at 11:00 am. Introductions were made, including guests.

2. Approval of Minutes:

- **ACTION:** Motion to approve the December 4, 2018 Joint SSAC-DSAC meeting minutes made by Suzette Boydston, seconded by Catherine Skiens. Motion passed unanimously.
- **ACTION:** Motion to approve the February 5, 2019 Joint SSAC-DSAC Albany meeting minutes made by Carolyn Mendez-Luck, seconded by Ms. Skiens. Motion passed unanimously.
- **ACTION:** Motion to approve the February 5, 2019 Joint SSAC-DSAC Toledo meeting minutes made by Jann Glenn, seconded by Janet Shinner. Motion passed unanimously.

3. Budget 101 (SDS Director Randi Moore and CPS Director Jennifer Moore):

SDS Director Randi Moore presented to SSAC and DSAC (the Councils) a view of SDS's budget explaining where funding comes from, sustainability, and how the money is spent in the community. It is her desire for the Councils to have input on how funds from the Older Americans Act (OAA) can be used in the community to support programs that are supporting seniors and people with disabilities. Handouts were provided to the Councils for this presentation.

SDS, Oregon Cascades West Council of Governments' (OCWCOG) largest program, has five funding streams – Medicaid, *Supplemental Nutrition Assistance Programs (SNAP)*, OAA, State General Funds, and local revenue. The majority of SDS's money comes from the Department of Human Services (DHS) through one large contract for about \$25 million dollars for the

biennium. The spreadsheet handout shows how the State allocates Area Agencies on Aging (AAA) funding throughout the State. There are four AAAs that are Medicaid Agencies in Oregon: OCWCOG, Multnomah County Aging and Disability Services (MCADS), NorthWest Senior and Disability Services (NWSDS), and Lane Council of Governments (LCOG). This large contract also includes funding for OAA programs.

The State designates money to Type B Transfer Agencies, of which OCWCOG is one, by doing a caseload forecast, determination of tasks, and task performance timeline, for consumers on Medicaid. Unfortunately, the State has not updated the numbers in how the cases are managed for years, regardless of adding on more responsibility and roles for each Medicaid Case Worker. SDS Director Moore reminded everyone that when looking at caseloads and workloads, the allocations don't actually represent the work Case Workers do. House Bill 3189, if it passes, will require the Department of Human Services' (DHS) Office of Aging and People with Disabilities (APD) to complete a workload analysis that will identify the number of Case Managers needed in the AAA offices, weigh the impact of programs rolled out into the field, and incrementally improve the gaps that exists between how many workers are needed and how many are allocated.

The majority of OCWCOG's funding is through Medicaid, where Federal and State guidelines dictate how money is spent.

The Council's input is in the form of advocacy and consumer satisfaction surveys. Being a Type B Transfer Agency and an AAA, OCWCOG has more flexibility in how it allocates and uses staff for the benefit of the programs.

Funding for OAA programs comes through the Federal Government to the State, based on population. The State then allocates funding based on a base rate for every AAA and population, which includes looking at minorities and rural populations, as well as land area.

OAA money is where the Councils can provide additional input. This money can be used for community relationships, contract with community partners, and provide support out in the community. The OCWCOG Monitor and Review Committee (MRC) conducts regular assessment of the agencies that OCWCOG has contracts with to make sure they are meeting the metrics of the contracts.

Two years ago, with the reauthorization of the OAA, OCWCOG received more funding for OAA programs. This year the reauthorization is expected to happen again and OCWCOG is advocating for another increase in funds.

Anita Bailor said the Confederated Tribe of the Siletz Indians just received a five percent increase this year for their Title VI programs (Title VI is equivalent to OAA Title III, but for the Native population).

Ms. Boydston asked if the MRC would consider looking at supporting Senior Corps programs. SDS Director Moore said that was questionable because Senior Corps programs already receive Federal support, but she would look into it.

Ms. Boydston also asked if they would continue to support agencies OCWCOG currently have contracts with. SDS Director Moore said yes, but with the new funding they would be looking into additional programs to support.

Mike Volpe asked if the numbers of seniors and people with disabilities are increasing throughout the three Counties. SDS Director Moore said she didn't have statistics on those with disabilities, but the senior population is increasing exponentially, especially in Lincoln County.

Mr. Volpe asked if the resources were rising as well. SDS Director Moore said there has been an increase in resources, but not enough to keep up with the population growth. However, any increase is helpful.

SDS Director Moore went over the Titles and Parts of OAA.

- Title III B are the supportive services, which amounts to a large portion of OAA funding and is the most flexible in how it is used. Rules specify that a small amount need to go toward transportation, legal services, administration services, and access to services. Currently OCWCOG uses a lot of it for their Information and Assistance call takers.
- Title C I and C II funds the *MOW* programs.
- Title III D funds evidence-based health promotions such as *Wisdom Warriors* and *Living Well* classes through Samaritan.
- Title III E supports unpaid care providers. This is done through respite and *Powerful Tools for Caregivers*, *Savoy Caregivers*, and annual appreciation events. Potentially, in the near future, they may be able to take some of these funds and leverage them for Medicaid match.
- Title VII funds elder abuse and exploitation. In the past, OCWCOG bought shopping bags with elder abuse information printed on them and handed them out to seniors. SDS Director Moore reached out to the Senior Center in regards of possibly educating seniors about various scams.

Ms. Boydston and Clark Brean would like to see more education for the senior and population with disabilities on phone scams. SDS Director Moore said OCWCOG sent out postcards to all their consumers in regards to a scam regarding SDS. She would also like to look into a community partner supported program taking place in Denver where seniors train other seniors on avoiding scams. Ms. Shinner mentioned that the Attorney General's office has speakers that go out and educate seniors. Lincoln City's Senior Center has them come out yearly. SSAC Acting Chair Noorani said AARP has a program called *Scam Jam* where they go to different communities and do the same at no cost. Ms. Mendez-Luck questioned the funds available. SDS Director Moore stated OAA is allocated a bit more than \$6,000 every biennium, but funds from other parts of the Act could be used to support as well.

CSP Director Jennifer Moore reviewed CSP's primary funding streams, which include the following items.

- Federal Grants - Grants make up the majority of funding for CSP, funding the Senior Corps Programs that include: *Retired and Senior Volunteer Program (RSVP)*, *Foster Grandparent Program (FGP)*, and the *Senior Companion Program (SCP)*. The past funding cycle Senior Corps provided additional funding for evidence-based work.
- OAA, Title XIX, U.S. Department of Agriculture.
- Contracts – CSP have several contracts that include Benton County Veterans and Lincoln County *Older Adults Behavior Health Initiative*.
- Local Grants – The balance of funding is through local grant writing, match revenue, and fundraising.
- Match Revenue – There is a small amount of fundraising for a fund match of \$10,000 or less and a Medicaid match with the Benton County's Veterans program. In the future, CSP Director Moore would like to reach out to Linn and Lincoln Counties Veterans programs as well.
- Fundraising – CSP partners with the Rotary Club of Corvallis in hosting their *Tapas and Treasures* annual fundraiser and they send out an annual mailing request for donations.
- Program Revenue – Contributions from *MOW* clients that want to contribute to meals.

Programs funded under the State General Fund include:

- Employee Resource Connection;
- Evidence-Based Health Promotion;
- No Wrong Door – Options Counseling;
- *Money Management Program (MMP)*; and
- *Program to Encourage Active and Rewarding Lives (PEARLS)*.

Local Revenue sources are through:

- Dues from local governments and use of money as local match for Medicaid dollars;
- Contracts – there are not a lot in SDS at this time;
- Grants;
- Fundraising;
- Participant Fees (program revenue); and
- Medicaid Match.

The Councils Executive Committee discussed forming an ad hoc committee to take charge of researching how to spend OAA funds out in the community. SDS Director Moore would rather the MRC continue to provide input and direction regarding OAA funds.

4. Executive Committee Report (SSAC Acting Chair Saleem Noorani and DSAC Acting Chair Jan Molnar-Fitzgerald):

The Executive Committee Report was covered at the February meeting and the vote to create an ad hoc committee to work on the Budget was designated to the Monitor and Review Committee.

SSAC Acting Chair Noorani shared that past SSAC Chair Bob Daley resigned due to new employment and a long commute. He will be missed by all.

5. Break for Lunch

6. Care Planning Committee Report (CPC Chair Robynn Pease):

A written summary of the CPC March meeting was provided to the Councils from CPC Chair Robynn Pease. She was unable to make today's meeting. SDS Director Moore reported that the CPC's main focus at the March meeting was on surveys. There were surveys from OCWCOG, NorthWest Senior and Disability Services (NWSDS), OCWCOG's *Aging and Disability Resource Connection (ADRC)*, and a draft of an In-Home Care survey being done by the State. CPC Chair Pease and Ms. Mendez-Luck will create a table of the surveys to aid in the review process and development of the CPC survey.

SDS Director Moore reported that SDS Program Supervisor Dawn John updated the CPC on House Bill 3189 (discussed earlier by SDS Director Moore in her Budget 101 presentation).

IAC Co-Chair Volpe provided an update to the CPC on Senate Bill 1534 which will increase training requirements for Home Care Workers (HCW) and Personal Support Workers (PSW). The work groups, formed to come up with the new training requirements, haven't come to a decision on what the trainings will be, but HCWs and PSWs will be required to take continuing education. There is still a lot to be decided upon.

Kath Schonau stated Senate Bill 669 will mandate 12 hours of education before seeing a client regardless of whether they are from an agency or not. If this bill passes it will have a substantial impact on the Medicaid budget in that it would require State surveys being conducted every year instead of every three years and Case Managers will have to see clients every three months.

7. Meals on Wheels (MOW) Committee Report (MOWAC Chair Catherine Skiens):

MOWAC Chair Skiens reported that the MOWAC last met on March 12th at the Albany meal site. The MOWAC is changing the way of doing site reviews, where they will focus more on how the meals are served and the client's experience, rather than what is happening in the kitchen. Dining room clientele has declined for the past couple of years and they want to find out why. SDS Director Moore said that this is a national trend.

Mitzi Naucler mentioned she knew of people who had their meals brought to their housing facility where everyone ate in one room together. Ms. Boydston suggested looking into funding for delivering to facilities. CSP Director Moore said there are opportunities, but the issue is funding. They have to be strategic on how fast they grow the program and there would be lots of logistics to work out. About 66–67 percent of their meals are delivered through third party payers.

MOWAC Chair Skiens reported that the MOWAC also discussed Bateman Community Living who will be receiving the contract again for food delivery. Other vendors had applied, but dropped out at the last minute.

The cost for a hot meal has gone down by 23 cents due to the increase in the number of meals being served. All meal sites have seen an increase in meal delivery and MOWAC Chair Skiens feels this is due to qualified discharged patients of hospitals having access to MOW.

Carmen Martinez is the new manager at the Mill City meal site.

8. Issues and Advocacy Committee (IAC) Report (IAC Co-Chair Mike Volpe):

IAC Co-Chair Volpe reported that the Legislators were about a third of the way through their long Legislative session. He recommended everyone keep their eye on House Bill 3189 that SDS Director Moore mentioned earlier.

IAC Co-Chair Volpe reminded everyone that the *Day at the Capitol* is scheduled for May 9th. A schedule of appointments with the Senators and Representatives was handed out to the members. Members who volunteered to attend are IAC Co-Chair Volpe, SSAC Acting Chair Noorani, Ms. Lamb, Ms. Shinner, Ms. Mendez-Luck, Bill Turner, Ms. Boydston, and Ms. Skiens.

9. Nominations for SSAC (SSAC Membership and Nominating Committee [MNC] Chair Doris Lamb):

- a) Membership Renewals:
SSAC memberships are for a two-year term. Members that are up for renewal are Ms. Boydston, Mark McNabb, Mr. Turner, SSAC Acting Chair Noorani, Ms. Shinner, and Ms. Mendez-Luck.

To renew one's membership a statement with one's wish to renew needs to be submitted. Approval for membership renewals will be approved by the SSAC at the June 4, 2019 meeting, then sent to the OCWCOG Board of Directors for their approval at their July 18, 2019 meeting.

- a) Nominations for SSAC Chair and Vice Chair:
Elections for the SSAC positions of Chair and Vice Chair will take place next month at the June 4, 2019 meeting. SSAC MNC Chair Ms. Lamb announced the nominations of Ms. Mendez-Luck for Chair and SSAC Acting Chair Noorani for Vice Chair. The floor was opened for any other nominations to which there were none. If one wishes to submit their nomination they can contact SDS Director Moore.

10. Nominations for DSAC (SSAC Membership and Nomination Committee [MNC] Chair Doris Lamb):

b) Membership Renewals:

DSAC memberships are for a two-year term. Members that are up for renewal are Edythe James, Lee Lazaro, Pete Rickey, and DSAC Acting Chair Molnar-Fitzgerald. To renew one's membership a statement with one's wish to renew needs to be submitted. Approval for membership renewals will be approved by the DSAC at the June 4, 2019 meeting, then sent to the OCWCOG Board of Directors for their approval at their July 18, 2019 meeting.

c) Nominations for DSAC Chair and Vice Chair:

Elections for the DSAC positions of Chair and Vice Chair will take place next month at the June 4, 2019 meeting.

SSAC MNC Chair Ms. Lamb announced the nominations of DSAC Acting Chair Molnar-Fitzgerald for Chair and Mr. Lazaro for Vice Chair. The floor was opened for any other nominations to which there were none. If one wishes to submit their nomination they can contact SDS Director Moore.

11. Other Business:

SSAC Acting Chair Noorani shared that he wrote a letter to the editor regarding House Bill 2001 https://democratherald.com/opinion/letters/mailbag-supports-hb-for-housing/article_a73d6d78-e7f5-5886-b8e7-64ce5688fd91.html?utm_medium=social&utm_source=email&utm_campaign=user-share.

This bill, if passed, would require cities with populations greater than 10,000, and counties with a population greater than 15,000 to allow middle housing inlands zoned for single-family dwellings within the urban growth boundary. There are a lot of people near retirement age that cannot afford their neighborhoods anymore, this could be a way to keep them in their own homes.

Ms. Bailor shared that there will be a luncheon at the Siletz Community Health Center where they will be discussing Title III and Title V.

Ms. Lamb shared the *Be Jeweled* fundraiser will be held this Saturday, April 6th at the Samaritan Health Education Building in Newport.

Ms. Mendez-Luck shared that the Oregon State University Gerontology conference is tomorrow. She will be speaking in the afternoon on Latino Health and Aging in the Pacific Northwest. She offered to give the same presentation to anyone in the community.

12. Adjournment:

The meeting was adjourned at 1:30 pm.

The next meeting will be on Tuesday, June 4, 2019.

Meeting Minutes were recorded by Terri Sharpe.