

**Care Planning Committee
Meeting
MEETING MINUTES
Tuesday, January 7, 2020**

SSAC/DSAC/ADRC Operations Council Members Present: Robynn Pease, Care Planning Committee (CPC) Chair; Catherine Skiens; Doris Lamb; Mitzi Naucler; Mike Volpe; Anne Brett; Carolyn Mendez-Luck; and Jasper Smith.

Guests: Richard Montgomery; Curtis Miller; Cathy Savage; Michelle Giammona; and Kath Schonau.

Members Absent: Suzanne Lazaro; Sandy Potter; Mark McNabb; Suzanne Brean; Jann Glenn; and Tom Giles.

Staff: Ann Johnson, Senior and Disability Services (SDS) Program Supervisor; Dawn John SDS Program Supervisor; Kim Cooper, SDS Executive Assistant; Christy Fitch, Community Services Programs (CSP) Administrative Assistant; Carly Hilton *Oregon Project Independence (OPI)* Case Manager; Carrie Campora, *OPI* Case Manager; Angie Potter *OPI* Case Manager; and Terri Sharpe, SDS Administrative Assistant.

1) Welcome and Additions to the Agenda (Chair Robynn Pease):

Chair Robynn Pease called the meeting to order at 11:02 am. Introductions were made including guests.

2) Approval of the November 5, 2019 Meeting Minutes (Chair Robynn Pease):

ACTION: Motion to approve the November 5, 2019 Care Planning Committee meeting minutes made by Mitzi Naucler, seconded by Catherine Skiens. Motion passed unanimously.

3) Medicaid Consumer Survey Updates (CSP Administrative Assistant Christy Fitch):

CSP Administrative Assistant Fitch distributed to the CPC the final version of the *Medicaid Consumer Satisfaction Survey*. The survey is targeted to be mailed out the week of January 13th (the online version went live today). In order to track geographic information, Lincoln County consumers were mailed a blue colored survey, Linn and Benton Counties were mailed white colored copies, and the online version has one additional question asking what County they reside in. There are 7,000 surveys being mailed out which is half of SDS's Medicaid consumers. One-third will be consumers from Lincoln County and the other two-thirds will be from Linn and Benton Counties. The goal is to leave the survey up for a month. This survey is for Medicaid consumers only with the *OPI Consumer Satisfaction Survey* following.

Chair Pease asked if there was anything the CPC could do to support or disseminate information about the availability of the survey. Ms. Fitch said if they know of any Medicaid consumers to encourage them to complete the survey. They would like a lot of feedback and a good response rate. If there is a consumer that did not get a survey they are welcomed to complete one.

Anne Brett asked how quickly the results would be calculated and available, and if the consumers who took the survey would have access to the feedback. Ms. Fitch said the survey would be published in the *Area Plan* and could be put on the website as well. The availability of the results is dependent on the response rate and the number of hard copies that come back (which need to be manually entered). She expects to have the preliminary results around March.

ACTION: CSP Administrative Assistant Fitch will present the preliminary results of the *Medicaid Consumer Satisfaction Survey* at the CPC March 3rd meeting.

4) **Family Caregiver Program Presentation (OPI Case Managers Carly Hilton, Carrie Campora, Angie Potter):**

OPI Case Manager Hilton gave an overview of the *Family Caregiver Program (FCP)* and what the program breaks down to which includes; Eligibility Criteria, Services, and Seniors Raising Grandkids. A handout was provided with details. This is a program the *FCP* team would like to focus more on and get feedback from the CPC on ways to do more outreach. Their referrals come from the *Aging and Disability Resource Connection (ADRC)*. After receiving a referral a *FCP* staff member will conduct a home visit to determine eligibility for the *FCP* (see handout for details on eligibility), identify other needs they may have, and provide them resources. If they qualify, then the *FCP* can give them support through respite or extra financial support for themselves, or for the elder or grandchild they're providing care for. The program is for those caregivers that provide more continuity of care rather than episodic. The funds come from *Older Americans Act (OAA)* dollars and it is more of a supplemental program.

OPI Case Manager Campora gave an overview of the services the *FCP* offers which include:

- Support groups - to enable the client to receive continual feedback and support;
- Long-term Care Optional Counseling that is provided during the initial visit to look at the client's current care plan and ways *FCP* can supplement it with other programs and other supports;
- Minor home repairs or equipment – Money comes from *Retired Senior Volunteers Program (RSVP)*;
- Caregiver Trainings – *FCP* will provide stipend to pay for classes and books;
- Respite – provide funds of \$599.00 or less to provide temporary short term break for the caregiver;
- Medical equipment and supplies – provide clients with supplies that have been donated to the *FCP* or names of organizations that have supplies to donate;
- Supplemental Services – these are additional services or programs that the client may qualify for such as home delivered meals, emergency response system, and books and media from the lending library.

Chair Pease questioned the number of people the *FCP* is serving in the areas of senior support and grandchildren support. OPI Case Manager Campora said they are serving approximately 125 in Linn and Benton Counties with about 10 – 15 of the 125 serving grandkids. In Lincoln County they are serving approximately 50 senior caregivers and approximately 15 grandparents caring for grandkids.

OPI Case Manger Potter gave an overview of the Senior's Raising Grandkids part of the *FCP*. This part of the program is for seniors, or other family members other than the parent, 55 years or older, raising a child, or children, who are 18 years or younger and not getting paid for it. The *FCP* staff member will meet with the family to identify their needs. Stipends issued are normally \$200.00 per child with a maximum of \$599.00 per household annually. This is usually given before school starts to help supplement for school supplies and clothing but can be used for other things as well. *FCP* can also provide car seats, help with swim lessons, sport activities, camps, counseling etc. The *FCP* staff member will meet with the family a couple times a year and more if needed.

It was asked whether the *FCP* team has reached out to the schools regarding the program. OPI Case Manager Campora said not recently but CSP Supervisor Alicia Lucke also works with the schools with her programs and she is providing information on the *FCP* to the schools as well. OPI Case Manager Potter said their goal is to make the community more aware of the *FCP* and the *FCP* more available to those in

the community. However, only 10 percent of the *FCP* budget can be used for the Senior's Raising Grandkids part of the program.

Chair Pease provided Grandfacts data for Linn, Benton and Lincoln Counties stating there are approximately 24,300 grandparents who are caring for young children and among those, 58% are under the age of 60, and 60% of these grandparents are employed. Sixteen percent are in poverty, 29% have a disability, and 28% were single. This data is from 2010 – 2018. *OPI* Case Manager Hilton said the majority of the grandparents that are coming to them in Linn and Benton Counties were initially seeking care needs themselves through SDS. *OPI* Case Manager Potter said in Lincoln County about 50 percent of the grandparents were initially seeking services from SDS and the other 50 percent came from referrals from the *ADRC*.

5) Goals and Objectives Pertaining to Family Caregivers (Chair Robynn Pease):

a) Goals from last Area Plan:

SDS Program Supervisor Dawn John also suggested looking at past goals and if they have not reached them then identify the barrier and restate them in the new *Area Plan*.

b) Identify gaps in supports to Family Caregivers:

- More awareness of the *FCP*
 - Outreach to the Medical community
 - Outreach to Health Navigators in the school system
 - Chair Pease questioned the involvement of the Oregon State University College of Agriculture Extension Service in the tri-County
- Language barriers when reaching out for services;
- Ways to track where people are hearing, or coming, from when reaching out for *FCP* services.

Ms. Brett suggested contacting Lumia and Evergreen and asking for their need assessments from their caregivers program to address if there is a gap they are experiencing from workshop participants that the *FCP* is not addressing.

OPI Case Manager Campora questioned how they could state reasonable clear goals that fits the focus of their program and make it attainable and measurable. *OPI* Case Manager Hilton said they have attended individual social events but they do not know if it made an impact.

Chair Pease pointed out that the *FCP* has not maxed out of their *OAA* dollars so a goal could be to serve more people. *OPI* Case Manager Hilton suggested looking into the tax implication of going over \$600.00 and possibly raise the limits on their stipends they pay out, thus serving those consumers they already have at a higher capacity.

SDS Program Supervisor John suggested finding a person outside of the *FCP* team to do outreach since the team does not have the time to do so while managing multiple programs.

Ms. Mendez-Luck summed up that what she hears is that there needs to be reasonable goals that are measurable and can be tracked. There is also an issue with capacity, managing five programs and not enough time to focus on the goals. She suggested using a Specific, Measurable, Actionable/Attainable, Realistic/Results – oriented, and Timely (SMART) Rubric goals.

ACTION: Chair Pease will take this information back to SDS Director Moore then follow up with the *FCP* team on what the next steps will be.

c) Identify top three priorities or need statements:

Tabled

d) Draft a plan and strategy for each need statement:

Tabled

e) Identify resources for implementing or maintaining service priorities:

Tabled

6) Other Business and Announcements:

Chair Pease announced that Corvallis is hosting the Senior Games this summer and the senior athletes will be housed on Oregon State University's campus. They are looking for volunteers to staff the events if anyone is interested.

7) Adjournment/Lunch:

Meeting was adjourned at 12:22 pm.

The next meeting will be on March 3, 2020

Meeting Minutes were recorded by Terri Sharpe