

Oregon Cascades West Meals on Wheels | April 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested Donation: \$3.50 per Meal 1% Milk Served w/All Meals</p> <p>WE ACCEPT THE OREGON TRAIL CARD .</p>	<p>Allergen Disclaimer: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply</p>		<p>1</p> <p>Chicken Breast w/Paprika Sauce Baked Ham w/Raisin Sauce Red Diced Potatoes Normandy Blend Vegetables Herb Bread Cranberry Crunch Bar</p>	<p>2</p> <p>Roasted Turkey w/Gravy Braised Beef Garlic Whipped Potatoes Green Peas & Onions Squash Bread Poke n' Pour Cake</p>
<p>5</p> <p>Chicken Chile Relleno Bake Ground Beef Stew California Blend Vegetables Garden Vegetable Salad White Dinner Roll Lemon Bar</p>	<p>6</p> <p>Beef and Black Bean Chili Chicken Tetrazzini Steamed Spinach Tossed Salad Whole Wheat Roll Peach Crisp</p>	<p>7</p> <p>Chicken Rice Bake Macaroni & Cheese Capri Blend Vegetables Country Coleslaw Garlic Roll Seasonal Fresh Fruit</p>	<p>8</p> <p>Meatloaf w/Creole Sauce Chicken w/Scallopini Sauce Delmonico Potatoes Dilled Carrots Oatmeal Bread Bread Pudding w/Raisins</p>	<p>9</p> <p>Tuna Salad Half Sand Egg Salad Half Sand Tomato Florentine Soup Marinated Broccoli Salad Whole Wheat Bread Golden Fruit Cup</p>
<p>12</p> <p>Lemon Herb Chicken Country Fried Steak w/Country Gravy Whipped Potatoes Cabbage & Carrots Multigrain Bread Chocolate Pudding</p>	<p>13</p> <p>Chef Mini Salad Chicken Curry Salad Spinach Romaine Lentil Soup Whole Wheat Roll Pears</p>	<p>14</p> <p>Chicken Chop Suey Pasta Primavera Chuckwagon Corn Tossed Salad Sunflower Seed Roll Ice Cream Cup</p>	<p>15</p> <p>Beef Sloppy Joe Kielbasa Sausage Baked Beans Apple Cranberry Coleslaw Bun Hermit Bar</p>	<p>16</p> <p>Chicken with Pasta & Broccoli Beef & Rice with Marinara Green Beans w/Red Peppers Cucumber & Red Onion Salad Potato Roll Gelatin Jewels w/Whipped Topping</p>
<p>19</p> <p>Chicken Cordon Bleu HS Pork Patty w/Gravy Sour Cream & Chive Potatoes Capri Blend Vegetables Seven Grain Bread Mandarin Oranges</p>	<p>20</p> <p>Cheese Omelet w/Cheese Sauce Pork Sausage Gravy Scandinavian Blend Vegetables Tossed Salad Biscuit Caramel Apple Pudding</p>	<p>21</p> <p>Shaved Turkey Half Sand Meatloaf Half Sand Six Bean Soup Broccoli Raisin Salad Whole Wheat Bread Pineapple Tidbits</p>	<p>22</p> <p>Beef Sukiyaki Vegetable Lasagna (Spinach) Italian Blend Vegetables Marinated Zucchini French Roll Snickerdoodle Bar</p>	<p>23</p> <p>Spaghetti & Meat Sauce Chicken Parmesan Glazed Carrots Spinach Romaine Salad Garlic Roll Tiramisu Cake</p>
<p>26</p> <p>Baked Beef Rigatoni Scalloped Potatoes and Turkey Ham Green Peas Creamy Coleslaw Whole Wheat Roll Apple Crisp</p>	<p>27</p> <p>Chicken Lo Mein Spinach Cheese Strata Broccoli Garden Vegetable Salad Cracked Wheat Roll Seasonal Fresh Fruit</p>	<p>28</p> <p>Salisbury Patty w/Gravy Herb Chicken Patty w/Gravy Whipped Potatoes Winter Blend Vegetables Onion Bread Chocolate Cake w/Frosting</p>	<p>29</p> <p>Santa Fe Chicken Salad Turkey Club Salad Spinach Romaine Minestrone Soup Whole Wheat Dinner Roll Spiced Peaches</p>	<p>30</p> <p>Honey Mustard Chicken Beef Mushroom Patty Whipped Sweet Potatoes Mixed Vegetables Seven Grain Bread Ice Cream Cup</p>